

DHEKELIA SERVICES SAILING CLUB



Sailing Course Levels 1 & 2 Application Form

I the undersigned understand that I attend this course with the full knowledge that the club and its staff shall not be under any liability in the event of any injuries. If you have any disabilities or health related issues that may affect your ability to fully participate in the course, you are strongly advised to bring this to the attention of your instructor. The club (Dhekelia Services Sailing Club) and its Officials bear no liability for any injuries sustained during the course.

You will be required to carry out a 50 metre swim test unless you have a certificate to that effect or have previously done one at DSSC. A buoyancy aid must be used.

Fees :- Entitled/Members - Euro 180 Non Entitled - Euro 230
Adults 16 years plus -
Juniors Min age limit 9 - Entitled Euro130 Non Entitled - Euro 180

A non-returnable deposit of €50.00 is required with each application. This will be forfeited if the applicant books a place on a course but does not then attend that course or fails to reply to an email appertaining to that course.*

****Applications will not be accepted without a deposit*.***

You will be notified of your acceptance for that course, but you will still be required to confirm or deny your availability, ***in the event of you not replying***, your name will be removed from the applicants list and your deposit will be forfeited.

Please make cheques payable to Central Bank Dhekelia Support Unit, Cash and card payments are also accepted,

After completing this form, applicants should hand it to a club officer and obtain a signature for the deposit at the bottom of the page. Retain page 1 and page 2.

Please complete page three (3) in clear lettering.

Courses are normally held over two consecutive weekends. If you would like any further information about training at the club, please contact the Principal or any club instructor.

The course dates can be found on the club notice boards and on the club website

www.dhekeliasailing.com

CENTRAL BANK DSU

HELLENIC BANK CYPRUS

A/C 36-01-240035-01

IBAN CY47 0050 0369 0003 6901 2400 3501

PLEASE ANNOTATE YOUR PAYMENT WITH SAILING COURSE AND NAME AND ADVISE TRAINING THAT YOU HAVE MADE YOUR BANK TRANSFER

I _____ received the sum of €50.00 from _____ in respect of a deposit for a Sailing Course.

Signature. _____ Position at DSC. _____ Date.

JOINING INFORMATION – LEVEL 1 AND 2 SAILING COURSE

What to bring – we recommend a complete change of clothes that should include old rubber-soled trainers, shorts, a polo/T shirt and a sweater, a pair of sailing gloves A light spray top to keep out the wind may also be useful. Towels and shower kit.

Refreshments – the bar/galley is available for hot and cold drinks and snacks from 10:00 hrs on Saturday and Sunday.

Course Content - The course will run for four consecutive days from 09:00 until 17:00 approximately each day. The timetable, content and objectives will be explained to you at the beginning of the course. You should however be aware that the timetable may be changed or an additional day needed due to the weather or students progress, these changes will be explained to you by your instructor.

Safety – is of the highest importance and buoyancy aids are available and MUST be worn when in the boats and on the pontoons. There is no exception to this rule for anyone. All the boats have buoyancy compartments and cannot sink.

Changing Rooms and Hot showers - are available.

Instructors - all courses are led by RYA instructors and are assisted by experienced sailors. The club maintains and operates under the strict RYA guidelines.

Course Fees – are payable at the beginning of the course, no cash, no course, no exceptions is the club rule. The fees include the appropriate certificates and RYA log and training books.

Further Information – please contact the Training Coordinator Jenny Toumazi. Further information about the club is also available on the club web site. www.dhekeliasailing.com

We hope that you have a thoroughly enjoyable time learning to sail and the instructors will do all they can to enhance your skills. The course is intensive and there is much to learn. Should you have any questions please do not hesitate to call me, meantime, all good wishes.

Jenny Toumazi 99646125
Training Coordinator
training@dhekeliasailing.com

This Page to be retained by the applicant

DHEKELIA SERVICES SAILING CLUB

Sailing Course

Applicants Details

Applicants Name _____ Rank/Title _____

Email _____

Address _____

Tel Number Home _____ Work _____ Mobile _____

Member Yes/No _____ Age if under 18 _____

Date joined DSC _____ Date due to leave Cyprus _____ Entitled Yes/No _____

Details of any medical treatment being received (if none, write none):

Disclaimer

I declare that to the best of my knowledge, I am not suffering from epilepsy, disability, giddy spells, asthma, diabetes, angina or other heart condition, and I am fit to participate in the course. I have read and accept the conditions detailed on page 1.

I agree that my/our personal data will be stored and accessed only in accordance with GDPR & DPA 2018, as per current DSSC privacy notice, as posted at the club and on the club website.

Signature _____ Date _____

Next of Kin details

Name _____

Address _____

Relationship _____

Tel No _____ Email _____

Receipt by Club Official

Date _____ Amount Received _____ Received by (Name) _____

Received by (Signature) _____

This page is to be completed in FULL and handed to a member of the DSSC

What you will be able to do upon completion of your course

Rig the boat correctly according to the wind strength

Move the boat to the launching site

Launch the boat and sail it to the sailing area

Sail a triangular course using all the appropriate skills

Be able to apply the five essential skills which are:

Sailing the course, setting the sails, correct use of centreboard, balance the boat and use of appropriate boat trim

Recover a "man overboard"

Come alongside another boat in a controlled way

Pick up a mooring buoy

Right a capsized dinghy

Participate in club races

Return the boat to the recovery area and place it on the launching trolley

Wash down, de-rig the boat and secure it

Return the sails to the appropriate locker

Understand the theory associated with the above skills

Be aware of all the appropriate safety considerations associated with sailing

All the above will be done in light and medium winds, you are not expected to sail in strong winds of force 4/5 which requires some experience.

You will find this course intensive requiring a lot of concentration and practise, but you will have fun and probably feel tired at the end of the day. Some theory and practise on the simulator will supplement the course.

Upon successful completion of the above a certificate will be issued allowing you to sail and race with other club members at DSSC and will allow you to be assessed to gain a Royal Yachting Association certificate at an established RYA centre.