

TRATT Taster Sailing – General Rules

1. A TRATT Taster day is held primarily as a means of giving non-sailors from the UN a taste of sailing and participation in one of sports away from the line. Taster sailing allows a non-sailor the opportunity of independent sailing by going to sea on a single handed dinghy under close supervision. This activity is covered by this leaflet.

Sailing Area

2. The Sailing area for taster days is to be restricted to that area in CESSAC bay outside of the swimming buoys but within the confines of Dhekelia Leisure Centre and the disused jetty by Watson's mole and one mile out to sea.

Organisation

3. The following personnel are necessary to run a taster day :
 - a. Helm: RYA Level 2 Powerboat with Safety Boat Award.
 - b. Crew: RYA Level 2 Powerboat, Level 2 Sailing award .
In addition one of either the Helm or Crew must hold a recognised First Aid qualification.
 - c. An activity leader on shore who is aware of the restrictions and safety requirements of the club and AGIA 18.
 - d. At least one catcher on the beach to marshal boats as they return.
 - e. An RYA Instructor.

Briefing Students

4. Students are to be briefed on the facilities and safety aspects of the club and boats before proceeding on to the water for the first time.

Buoyancy Aids

5. An approved buoyancy aid is to be worn at all times. It is the responsibility of the activity leader to check these aids for tears, rips or breakages which may affect their performance. Any defects are to be reported to the Boatswain.

Boats to be used

6. For single handed Taster sailing, only Laser Picos are to be used. Sailing is to be carried out with only one person on the Pico at any one time and they must not be sat on whilst on the hard. All non-sailors taking part are to be advised on the risks associated with sailing (See the risk assessment)

Club Procedures

7. All safety boats and sailing craft are to be booked out and back in each day. The details for booking out the safety boats is contained in the OOD's folder.
8. At the end of each days sailing, all safety boats are to be thoroughly washed down, and the engine flushed through. Dinghies are to be washed down, paying particular attention to pulleys, cleats and the trolley. Any defects are to be noted on the signing out sheet.

Wind and Sea State Limits

7. Taster sailing may only take place in winds of up to 12 knots and in a slight sea state.

TRATT Taster Sailing – Activity Leader Safety Checklist

Before allowing Taster Sailing

- Weather Forecast Checked and displayed
- Shore OOD appointed and briefed
- Wind strength below 12 Knots
- Rescue Boat Helm and crew briefed and in place
- Rescue Boat on the Water
- Communications checked between Rescue Boat and Shore
- Students briefed on the club facilities, safety equipment and communications
- Students briefed on dangers of Entanglement and Entrapment
- Safe to sail (GREEN) flag hoisted
- All boats booked out
- All personnel going afloat to wear buoyancy aids and checked by activity leader. Wet suits as required (Winter only)

During Taster Sailing

- Regularly review Wind Strength and Wave State
- Maintain a watch and ensure boats remain within Sailing Area
- Check Communications regularly between Rescue Boat and Shore

Watch for boats in difficulty, direct Rescue boat as required

Ensure enough safety boats for the number of craft sailing (See wind chart and Ratios).

After Taster Sail

Ensure all crew return!

Ensure that all boats are booked in and defects reported

Ensure all boats and trollies are washed down and put away

Ensure all equipment is put away correctly

Taster Sailing – Risk Assessment

Unit/Formation: Dhekelia Services Sailing Club
 Activity/Exercise: Club Dinghy Sailing
 Relevant Publications/Pamphlets/Procedures: AGAI Chap 18, SOP 225a, HQ BFC WSC Minutes
 Steps relate to the Risk Assessment Process

Assessor: Rear Commodore
 Date Assessment 13 May 2013
 Review Date: 13 May 2014
 Generic Risk Assessment: Yes/No

Ser	Activity / Element (Step 1)	Hazards Identified (Step 2)	Existing Controls (Step 3)	Residual Risk (Step 4)	Additional Controls Required (Step 5)	Residual Risk(Step 6)
(a)	(b)	(c)	(d)	(e)	(f)	(g)
1	Dinghy Training	Drowning	1. All Instructors to be trained in First Aid 2. Safety Boat available 3. Buoyancy Aids worn 4. 50m or Service Swim Test Conducted	No Residual		N/A
2	Dinghy Training	Hypothermia (Winter Sailing)	1. All Instructors to be trained in First Aid. 2. Wetsuits used for winter. 3. Safety Boat available. 4. Wind strength limitations on sailing.	No Residual		N/A
3	Dinghy Training	Head Injury from booms	1. Briefing on the danger by Instructor 2. All Instructors to be trained in First Aid	No Residual		N/A
4	Dinghy Training	Injury from safety boat prop.	1. Kill cords used. 2. Engine stopped when alongside swimmers. 3. RYA Good practises employed.	No Residual		N/A
5	Dinghy Training	Launching and recovery of boats.	1. Supervised by Instructor 2. Training covered in syllabus	No Residual		N/A
6	Dinghy Training	Multi Craft Capsize	1. Safety helms instructed to aid swimmers in distress before recovery of craft. 2. Sailing area and therefore spread of craft limited.	No Residual		N/A
7	Dinghy Training	Cut Feet	1. Footwear mandatory	No Residual		N/A
8	Dinghy Training	Entanglement / Entrapment after capsize.	1. Knives carried on safety boats. 2. Briefing and close watch by Instructor	No Residual		N/A
			Name	Post	Date	Signature

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Existing and Additional Controls Agreed				
Additional Controls Implemented				