

## Child Protection Policy

Reference: [RYA Child Protection Guidelines](#)

### Policy Statement

1. It is the policy of DSSC to safeguard children and young people taking part in boating from physical, sexual or emotional harm. DSSC will take all reasonable steps to ensure that, through appropriate procedures and training, children participating in DSSC activities do so in a safe environment. We recognise that the safety and welfare of the child is paramount and that all children, whatever their age, gender, disability, culture, ethnic origin, colour, religion or belief, social status or sexual identity, have a right to protection from abuse.

#### **DSSC actively seeks to:**

2. Create a safe and welcoming environment, both on and off the water, where children can have fun and develop their skills and confidence.
3. Support and encourage recognised training centres, affiliated clubs and class associations to implement similar policies.
4. Recognise that safeguarding children is the responsibility of everyone, not just those who work with children.
5. Ensure that DSSC - organised training and events are run to the highest possible safety standards.
6. Be prepared to review its ways of working to incorporate best practice.

#### **We will:**

7. Treat all children with respect and celebrate their achievements.
8. Carefully recruit and select all employees, contractors and volunteers.
9. Respond swiftly and appropriately to all complaints and concerns about poor practice or suspected or actual child abuse.
10. This policy relates to all employees, contractors and volunteers who work closely with children or vulnerable adults in the course of their DSC duties. It will be kept under periodic review. All relevant concerns, allegations, complaints and their outcome should be notified to a Club Flag Officer or the Child Protection Officer.
11. For the purposes of this policy anyone under the age of 18 should be considered as a child. All members of the Club should be aware of the policy.

## Child Protection Officer (CPO)

12. The Club Child Protection Officer will be appointed by the Commodore.

## Volunteers

13. All Club volunteers whose role brings them into close contact with young people will be asked to provide references or to complete:-
- a. A self-disclosure form.
  - or The results of a current CRB check
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14. The Club CPO and those instructing, coaching or supervising young people will also be asked to apply for an Enhanced Criminal Records Disclosure.

## Good Practice Guidelines

15. Those working with young people should be aware of the guidance on recognising abuse (attached). Adults are requested not to enter the showers and changing rooms at times when children are changing before or after junior/youth training or racing. If this is unavoidable it is advised that they are accompanied by another adult.
16. The Club will seek written consent from the child and their parents/carers before taking photos or video at an event or training session or publishing such images. Parents and spectators should be prepared to identify themselves if requested and state their purpose for photography/filming. If the Club publishes images of children, no identifying information other than names will be included. Any concerns about inappropriate or intrusive photography or the inappropriate use of images should be reported to the Club CPO.
17. Anyone who is concerned about a young member's welfare should inform the Club CPO or Garrison Authorities immediately, in strict confidence.

## Recognising Child Abuse

18. Child abuse is a term used to describe ways in which children are harmed, usually by adults and often by people they know and trust. It refers to damage done to a child's physical or mental health. Child abuse can take many forms:

19. **Physical abuse** where adults or other children:

- physically hurt or injure children (eg. by hitting, shaking, squeezing, biting or burning)
- give children alcohol, inappropriate drugs or poison
- attempt to suffocate or drown children
- in sport situations, physical abuse might also occur when the nature and intensity of training exceeds the capacity of the child's immature and growing body.

20. **Neglect** includes situations in which adults:

- fail to meet a child's basic physical needs (eg. for food, water, warm clothing, essential medication)
- consistently leave children alone and unsupervised
- fail or refuse to give children love, affection or attention
- neglect in a sailing situation might also occur if an instructor or coach fails to ensure that children are safe, or exposes them to undue cold or risk of injury.

21. **Sexual abuse.** Boys and girls are sexually abused when adults (of the same or opposite sex) or other young people use them to meet their own sexual needs. This could include:

- full sexual intercourse, masturbation, oral sex, fondling
- showing children pornographic books, photographs or videos, or taking pictures for pornographic purposes
- sport situations which involve physical contact (eg. supporting or guiding children) could potentially create situations where sexual abuse may go unnoticed. Abusive situations may also occur if adults misuse their power over young people.

22. **Emotional abuse** can occur in a number of ways. For example, where:

- there is persistent lack of love or affection
- there is constant overprotection which prevents children from socialising
- children are frequently shouted at or taunted
- there is neglect, physical or sexual abuse

- emotional abuse in sport might also include situations where parents or coaches subject children to constant criticism, bullying or pressure to perform at a level that the child cannot realistically be expected to achieve.

**23. Bullying** may be seen as deliberately hurtful behaviour, usually repeated or sustained over a period of time, where it is difficult for those being bullied to defend themselves. The bully may often be another young person. Although anyone can be the target of bullying, victims are typically shy, sensitive and perhaps anxious or insecure. Sometimes they are singled out for physical reasons – being overweight, physically small, having a disability or belonging to a different race, faith or culture.

**24. Recognising Abuse.** It is not always easy, even for the most experienced carers, to spot when a child has been abused. However, some of the more typical symptoms which should trigger your suspicions would include:

- unexplained or suspicious injuries such as bruising, cuts or burns, particularly if situated on a part of the body not normally prone to such injuries
- sexually explicit language or actions
- a sudden change in behaviour (eg. becoming very quiet, withdrawn or displaying sudden outbursts of temper)
- the child describes what appears to be an abusive act involving him/her
- a change observed over a long period of time (eg. the child losing weight or becoming increasingly dirty or unkempt)
- a general distrust and avoidance of adults, especially those with whom a close relationship would be expected
- an unexpected reaction to normal physical contact
- difficulty in making friends or abnormal restrictions on socialising with others.

It is important to note that a child could be displaying some or all of these signs, or behaving in a way which is worrying, without this necessarily meaning that the child is being abused. Similarly, there may not be any signs, but you may just feel that something is wrong. If you have noticed a change in the child's behaviour, first talk to the parents or carers. It may be that something has happened, such as a bereavement, which has caused the child to be unhappy.

**25. If you are concerned.** If there are concerns about sexual abuse or violence in the home, talking to the parents or carers might put the child at greater risk. If you cannot talk to the parents/carers, consult the Garrison Child Protection/Welfare Officer or the person in charge. It is this person's responsibility to make the decision to contact Social Services or the Police. It is NOT their responsibility to decide if abuse is taking place, BUT it is their responsibility to act on your concerns.

Last reviewed 7<sup>th</sup> May 2013